

## FORMULARY UPDATES

The Doctors HealthCare Plan’s Pharmacy and Therapeutics Committee recently approved the following new generic drugs to the formulary. Use of these generic alternatives provides cost savings for the member and helps avoid reaching the Coverage Gap as quickly as with other formulary products.

- Insulin Lispro 100 unit/mL vial and pen (Generic HUMALOG-100 unit/mL vial and pen)
- Basaglar 100 unit/mL Kwikpen (insulin glargine) (Generic LANTUS Solostar 100 u/mL)
- Fluticasone propionate/salmeterol inhaler (Generic ADVAIR DISKUS)
- Albuterol sul HFA 90 mcg inhaler (Generic PROAIR HFA, VENTOLIN HFA, PROVENTIL)
- Solifenacin tablet (Generic VESICARE)
- Estradiol 0.01% cream (Generic ESTRACE 0.01% CREAM)
- Memantine HCL ER capsule (Generic NAMENDA XR)
- Silodosin capsule (Generic RAPAFLO)
- Ranolazine ER tablet (Generic RANEXA)
- Testosterone 1.62 % gel packet and gel pump (Generic ANDROGEL)

Brand drug	Cost*/month	Generic Alternative	Cost*/month
Humalog <u>100</u> unit/mL vial (10ml)	\$280 (10mL)	<b>Insulin Lispro <u>100</u> unit/mL vial</b>	\$140
Humalog <u>100</u> unit/mL pen (15mL)	\$540 (15mL)	<b>Insulin Lispro <u>100</u> unit/mL pen</b>	\$270
Lantus Solostar 100 u/mL (15mL)	\$430 (15mL)	<b>Basaglar Kwikpen 100 u/mL (15mL)</b>	\$300 (15mL)
Advair 100/50 <u>DISKUS</u>	\$530	<b>Fluticasone prop/salmeterol 100/50</b>	\$260
Advair 250/50 <u>DISKUS</u>	\$400	<b>Fluticasone propionate/salmeterol 250/50</b>	\$210
Advair 500/50 <u>DISKUS</u>	\$320	<b>Fluticasone propionate/salmeterol 500/50</b>	\$270
Proair HFA (6.7g)		<b>Albuterol sul HFA 90mcg inh (6.5g)</b>	
Proventil HFA (8.5g)	\$65 (8.5g)	<b>Albuterol sul HFA 90mcg inh (8.5g)</b>	\$45
Ventolin HFA (18G)	\$55 (18g)	<b>Albuterol sul HFA 90mcg inh (18g)</b>	\$50
Vesicare 5mg/10mg (similar cost)	\$390	<b>Solifenacin 5mg and 10 mg</b>	\$370
Estrace 0.01% cream	\$315	<b>Estradiol 0.01% cream</b>	\$235
Namenda XR (similar cost)	\$470	<b>Memantine HCL ER (similar costs)</b>	\$300
Rapaflo 4mg/8 mg (similar costs)	\$260	<b>Silodosin 4mg/8mg (similar costs)</b>	\$190
Ranexa ER 500mg/1000mg	\$360/\$625	<b>Ranolazine ER 500mg/1000mg</b>	\$325/\$530
ANDROGEL		<b>Testosterone</b>	
1.62% gel packet (1.25g)	\$1,260 (#60)	<b>1.62% gel packet (1.25g)</b>	\$1,120 (#60)
1.62% gel pump (75g)	\$630 (75g)	<b>1.62% gel pump (75g)</b>	\$560 (75g)

*\*Please note that costs are subject to change. Prices may vary at the time of prescription processing at a pharmacy. Data provided is based upon current benefit information from the health plan’s prescription utilization and for commonly prescribed quantities.*

## CVS Over-the-Counter Benefit

Doctors HealthCare Plans offers a monthly Over-the-Counter(OTC) benefit to its members. This OTC does not apply toward the member's coverage limit or out-of-pocket costs, therefore helps members not reach the Coverage Gap as quickly as with prescription formulary products. In addition, physicians' pharmacy expenses will be decreased by utilizing this Over-the-Counter benefit.

**Monthly Benefit per Plan:** DrMax \$50 / DrPlus \$85 / DrCare \$25 / Dr Extra \$25

[https://www.doctorshcp.com/wp-content/uploads/OTC\\_Catalog.pdf](https://www.doctorshcp.com/wp-content/uploads/OTC_Catalog.pdf)

Please consider the following alternatives to prescription drugs, when appropriate.

Formulary Drug (Rx)	OTC Alternatives
<b>Allergy</b>	<b>Allergy</b>
cetirizine hcl 1mg/ml syrup desloratadine 5mg tablet levocetirizine 5mg tablet	cetirizine 10mg tablets
fluticasone propionate 50mcg spray flunisolide 0.025% spray (nasal) mometasone furoate 50mcg spry	fluticasone nasal spray 60 metered sprays
<b>Digestive Health - GI</b>	<b>Digestive Health - GI</b>
ranitidine 150 mg tablet	ranitidine 75mg tablet
esomeprazole mag dr tablet 20mg/40mg lansoprazole dr 15mg capsule omeprazole 20mg tablet	omeprazole 20mg tablet
<b>Pain Relievers</b>	<b>Pain Relievers</b>
ibuprofen 400mg	ibuprofen 200mg tablet
naproxen 250mg tablet naproxen sodium 275mg tablet	naproxen 220mg tablet
lidocaine 5% ointment	lidocaine 4% cream
lidocaine 5% patch	lidocaine 4% patch
<b>Vitamins/Minerals</b>	<b>Vitamins/Minerals</b>
folic acid 1mg (not on formulary)	folic acid 800mcg tablet
vascepa 0.5 g/1g capsule	fish oil omega-3 1000mg
<b>First Aid - Topicals</b>	<b>First Aid - Topicals</b>
hydrocortisone 2.5% cream	hydrocortisone cream 1%
mupirocin 2% cream/2% oint	triple antibiotic ointment
<b>Foot Care</b>	<b>Foot Care</b>
ketoconazole 2% cream	tolnaftate antifungal cream

## Preferred Diabetes Supplies

Although the current benefit provides coverage for all BRANDS of Diabetes Glucometers and supplies, Doctors HealthCare Plans prefers the following brands. Please consider these brands when prescribing for your patients.

■ Accucheck

One Touch