



Polk County 2026 Provider Directory Insert

(This Supplement is effective December 1, 2025 and is an addition to the Doctors HealthCare Plans, Inc. 2026 Polk County Provider Directory dated October 1, 2025)

Doctors HealthCare Plans, Inc. is an HMO plan with a Medicare contract and a contract with the State of Florida Agency for Health Care Administration. Enrollment in Doctors Health Care Plans, Inc. depends on contract renewal.



Directorio de Proveedores del 2026 del condado de Polk

(Este suplemento es efectivo a partir del 1º de diciembre 2025 y es una adición al Directorio de Proveedores de Doctors HealthCare Plans, Inc. con fecha del 1º de octubre 2025 del condado de Polk para el año de beneficios 2026)

Doctors HealthCare Plans, Inc. es un plan HMO con un contrato de Medicare. La afiliación en Doctors HealthCare Plans, Inc. depende de la renovación del contrato.

H4140_NDPD202POLKI2_C

Additions – Adiciones**Primary Care Physicians**
Médicos Primarios**Family Medicine**
Medicina de Familia**Braham, Darrell, DO+**
PC0049519

550 Pope Avenue NW #300
Winter Haven, FL 33881 &
Phone: 863-299-2630
Hours: M-F 9AM-5PM
Gender: M
Ethnicity: White (non Hispanic)
Other Languages: Spanish
Accepting New Patients: Yes
<https://trinitymedgroup.com>
Effective Date: 1/1/2026

Jimenez, William F, MD+
PC0049531

105 S Dixie Dr
Haines City, FL 33844 &
Phone: 863-421-1190
Hours: M-F 9AM-5PM
Gender: M
Ethnicity: Hispanic or Latino
Other Languages: Spanish
Accepting New Patients: Yes
<https://trinitymedgroup.com>
Effective Date: 1/1/2026

Lama, Jacobo N, MD+
PC0049517

105 S Dixie Dr
Haines City, FL 33844 &
Phone: 863-421-1190
Hours: M-F 9AM-5PM
Gender: M
Ethnicity: Hispanic or Latino
Other Languages: Spanish
Accepting New Patients: Yes
<https://trinitymedgroup.com>
Effective Date: 1/1/2026

Le, Baoquang, DO+
PC0049527

3035 Lakeland Hills Blvd #4
Lakeland, FL 33805 &
Phone: 863-354-3050
Hours: M-F 8AM-5PM
Gender: M
Ethnicity: Asian or Pacific
Islander
Other Languages: Spanish
Accepting New Patients: Yes
<https://trinitymedgroup.com>
Effective Date: 1/1/2026

Parker, Adam, MD+
PC0049526

3240 S Florida Ave #105
Lakeland, FL 33803 &
Phone: 863-644-7337
Hours: M-F 8AM-5PM
Gender: M
Ethnicity: White (non Hispanic)
Other Languages: Spanish
Accepting New Patients: Yes
<https://trinitymedgroup.com>
Effective Date: 1/1/2026

Parker, Karah, DO+
PC0049521

3240 S Florida Ave #105
Lakeland, FL 33803 &
Phone: 863-644-7337
Hours: M-F 9AM-5PM
Gender: F
Ethnicity: White (non Hispanic)
Other Languages: Spanish
Accepting New Patients: Yes
<https://trinitymedgroup.com>
Effective Date: 1/1/2026

General Practice
Medicina General**Connolly, David, MD+**
PC0049530

550 Pope Avenue NW #300
Winter Haven, FL 33881 &
Phone: 863-299-2630
Hours: M-F 8AM-5PM
Gender: M
Ethnicity: White (non Hispanic)
Other Languages: Spanish
Accepting New Patients: Yes
<https://trinitymedgroup.com>
Effective Date: 1/1/2026

Rodriguez Colon, Luis, MD+
PC0049553

550 Pope Avenue NW #300
Winter Haven, FL 33881 &
Phone: 863-299-2630
Hours: M-F 8AM-5PM
Gender: M
Ethnicity: Hispanic or Latino
Other Languages: Spanish
Accepting New Patients: Yes
<https://trinitymedgroup.com>
Effective Date: 1/1/2026

* Board Certified
+ Medicare and Medicaid Participation
◇ Completed Cultural Competency Training
 Telemedicine
& ADA Accessible

* Certificación de la Junta
+ Participación en Medicare y Medicaid
◇ Completó curso de Competencia Cultural
 Telemedicina
& Accesible según la ADA

Revised 11/01/2025

Santiago Torres, Johana, MD+♦🏠
PC0049545
 105 S Dixie Dr
 Haines City, FL 33844 &
 Phone: 863-421-1190
 Hours: M-F 8AM-5PM
 Gender: F
 Ethnicity: Hispanic or Latino
 Other Languages: Spanish
 Accepting New Patients: Yes
<https://trinitymedgroup.com>
Effective Date: 1/1/2026

Vega Garcia, Francisco, MD+♦🏠
PC0049512
 105 S Dixie Dr
 Haines City, FL 33844 &
 Phone: 863-421-1190
 Hours: M-F 9AM-5PM
 Gender: M
 Ethnicity: Hispanic or Latino
 Other Languages: Spanish
 Accepting New Patients: Yes
<https://trinitymedgroup.com>
Effective Date: 1/1/2026

Specialists *Especialistas*

Radiation Oncology *Oncología Radiológica*

Berk, Lawrence, MD*+♦🏠
 200 Ave F NE
 Winter Haven, FL 33881 &
 Phone: 863-297-1845
 Hours: M-F 8AM-5PM
 Gender: M
 Ethnicity: Other
 Other Languages: Spanish
 Accepting New Patients: Yes
Effective Date: 1/1/2026

Paryani, Nitesh N, MD*+♦🏠
 200 Ave F NE
 Winter Haven, FL 33881 &
 Phone: 863-297-1845
 Hours: M-F 8AM-5PM
 Gender: M
 Ethnicity: Other
 Other Languages: Spanish
 Accepting New Patients: Yes
Effective Date: 1/1/2026

Rheumatology *Reumatología*

Chatha, Amina, MD*+
 551 Avenue K SE
 Winter Haven, FL 33880 &
 Phone: 863-314-9401
 Hours: M-TH 8AM-4PM;
 F 8AM-12:30PM
 Gender: F
 Accepting New Patients: Yes
Effective Date: 1/1/2026

Ancillaires *Auxiliares*

Surgical Services (Outpatient or ASC)

Servicios Ambulatorios de Cirugía

**Adventhealth Surgery Center
 Davenport+
 ST0049107**
 107 Park Place Blvd
 Davenport, FL 33857 &
 Phone: 863-419-2812
 Hours: M-F 7AM-5PM
Effective Date: 1/1/2026

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 +Medicare and Medicaid Participation
 ♦ Completed Cultural Competency Training
 🏠 Telemedicine
 & ADA Accessible

*Certificación de la Junta
 +Participación en Medicare y Medicaid
 ♦ Completó curso de Competencia Cultural
 🏠 Telemedicina
 & Accesible según la ADA

Revised 11/01/2025

Notice of Non-Discrimination

Doctors HealthCare Plans, Inc. complies with applicable Federal civil rights laws and does not discriminate or exclude people on the basis of race, color, creed, religion, national origin, age, disability, political affiliations or beliefs, or sex (including pregnancy, sexual orientation, and gender identity).

Doctors HealthCare Plans:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages
- If you need these services, contact Member Services/Civil Rights.

If you believe that Doctors HealthCare Plans has failed to provide these services or discriminated in another way, you can file a grievance with:

Doctors HealthCare Plans, Inc.

Attn: Member Services/Civil Rights

2020 Ponce De Leon Blvd, PHI

Coral Gables, FL 33134

Telephone: 833-342-7463 (TTY: 711)

Fax: 786-578-0293,

Email: civilrights@doctorshcp.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Member Services/Civil Rights, is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <https://www.hhs.gov/ocr/complaints/index.html>.

Aviso de No Discriminación

Doctors HealthCare Plans, Inc. cumple con las leyes federales de derechos civiles aplicables y no discrimina ni excluye a las personas por motivos de raza, color, credos, religión, origen nacional, edad, discapacidad, afiliaciones o creencias políticas, o sexo (incluyendo embarazo, orientación sexual e identidad de género).

Doctors HealthCare Plans:

- Proporciona ayudas y servicios gratuitos a personas con discapacidades para que se comuniquen eficazmente con nosotros, tales como:
 - Intérpretes cualificados de lengua de signos
 - Información escrita en otros formatos (letra grande, audio, formatos electrónicos accesibles, otros formatos)
- Proporciona servicios lingüísticos gratuitos a personas cuyo idioma principal no es el inglés, como por ejemplo:
 - Intérpretes calificados
 - Información escrita en otros idiomas
- Si necesita estos servicios, comuníquese con el Departamento de Servicios al Asociado/Derechos Civiles.

Si cree que Doctors HealthCare Plans no le proporcionó estos servicios o lo discriminó de otra manera, puede presentar una queja con:

Doctors HealthCare Plans, Inc.

Departamento de Servicios al Asociado/Derechos Civiles
2020 Ponce De Leon Blvd, PHI
Coral Gables, FL 33134
Teléfono: 833-342-7463 (TTY: 711)
Fax: 786-578-0293,
Correo Electronico: civilrights@doctorshcp.com

Puede presentar una queja en persona o por correo, fax o correo electrónico. Si necesita ayuda para presentar una queja, el Departamento de Servicios al Asociado/Derechos Civiles, está disponible para ayudarlo.

También puede presentar una queja de derechos civiles ante la Oficina de Derechos Civiles del Departamento de Salud y Servicios Humanos de EE. UU., electrónicamente a través del Portal de Quejas de la Oficina de Derechos Civiles, disponible en <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, o por correo o teléfono en:

U.S. Department of Health and Human Services

200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)

Los formularios de queja están disponibles en: <https://www.hhs.gov/ocr/complaints/index.html>.

NOTICE OF AVAILABILITY OF LANGUAGE ASSISTANCE, AUXILIARY AIDS AND SERVICES

English: ATTENTION: If you speak English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 833-342-7463 (TTY:711) or speak to your provider.

Spanish: ATENCIÓN: Si habla español, están disponibles servicios de asistencia lingüística gratuita para usted. También están disponibles sin carga adecuada apoyos y servicios para proporcionar información en formatos accesibles. Llame al 833-342-7463 (TTY:711) o hable con su proveedor.

Haitian Creole: ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd aladispozisyon w gratis pou lang ou pale a. Èd ak sèvis siplemantè apwopriye pou bay enfòmasyon nan fòm aksèsib yo disponib gratis tou. Rele nan 833-342-7463 (TTY:711) oswa pale avèk founisè w la.

Arabic: تنبيه: إذا كنت تتحدث اللغة العربية، فستتوفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر وسائل مساعدة وخدمات مناسبة لتوفير المعلومات بتنسيقات يمكن الوصول إليها مجانًا. اتصل على الرقم - (1-833-342-7463) (TTY: 711) أو تحدث إلى مقدم الخدمة.

Chinese Traditional: 注意：如果您說[台語]，我們可以為您提供免費語言協助服務。也可以免費提供適當的輔助工具與服務，以無障礙格式提供資訊。請致電 833-342-7463(TTY:711) 或與您的提供者討論。」

Chinese Simplified: 注意：如果您说[中文]，我们将免费为您提供语言协助服务。我们还免费提供适当的辅助工具和服务，以无障碍格式提供信息。致电 833-342-7463 (文本电话: (TTY:711) 或咨询您的服务提供者。

French: ATTENTION: Si vous parlez Français, des services d'assistance linguistique gratuits sont à votre disposition. Des aides et services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 833-342-7463 (TTY: 711) ou parlez à votre fournisseur.

German: ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachhilfe- Dienste zur Verfügung. Angemessene Hilfsmittel und Dienste zur Bereitstellung von Informationen in zugänglichen Formaten sind ebenfalls kostenlos verfügbar. Rufen Sie 833-342-7463 (TTY: 711) an oder sprechen Sie mit Ihrem Anbieter.

Gujarati: ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો તો મફત ભાષાકીય સહાયતા સેવાઓ તમારા માટે ઉપલબ્ધ છે. યોગ્ય ઓફરફોર્મિટ સહાય અને એક્સેસિબલ ફોર્મટમાં માહિતી પૂરી પાડવા માટેની સેવાઓ પણ વાના મૂલ્યે ઉપલબ્ધ છે. 833-342-7463 (TTY:711) પર કોલ કરો અથવા તમારા પ્રદાતા સાથે વા ત કરો.

Italian: ATTENZIONE: Se parli Italiano, sono disponibili servizi di assistenza linguistica gratuiti per te. Sono disponibili anche ausili e servizi appropriati per fornire informazioni in formati accessibili, anch'essi gratuiti. Chiama il 833-342-7463 (TTY:711) o parla con il tuo fornitore.

Korean: 주의: [한국어]를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한 형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. 833-342-7463 (TTY:711) 번으로 전화하거나 서비스 제공업체에 문의하십시오.

Polish: UWAGA: Osoby mówiące po polsku mogą skorzystać z bezpłatnej pomocy językowej. Dodatkowe pomoce i usługi zapewniające informacje w dostępnych formatach są również dostępne bezpłatnie. Zadzwoń pod numer 833-342-7463 (TTY:711) lub porozmawiaj ze swoim dostawcą.

Portuguese: ATENÇÃO: Se você fala Português, serviços de assistência linguística gratuitos estão disponíveis para você. Ajudas e serviços auxiliares apropriados para fornecer informações em formatos acessíveis também estão disponíveis gratuitamente. Ligue para 833-342-7463 (TTY:711) ou converse com seu prestador de serviços.

Russian: ВНИМАНИЕ: Если вы говорите на русский, вам доступны бесплатные услуги языковой поддержки. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону 833-342-7463 (TTY:711) или обратитесь к своему поставщику услуг.

Tagalog: PPAALALA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyon tulon sa wika. Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 833-342-7463 (TTY:711) o makipag-usap sa iyong provider."

Thai: หมายเหตุ: หากคุณใช้ภาษาไทย เรามีบริการความช่วยเหลือด้านภาษาฟรี นอกจากนี้ ยังมีเครื่องมือและบริการช่วยเหลือเพื่อให้ข้อมูลในรูปแบบที่เข้าถึงได้โดยไม่เสียค่าใช้จ่าย โปรดโทรติดต่อ 1-833-342-7463 (TTY: 711) หรือปรึกษาผู้ให้บริการของคุณ"

Vietnamese: LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ. Các hỗ trợ dịch vụ phù hợp để cung cấp thông tin theo các định dạng dễ tiếp cận cũng được cung cấp miễn phí. Vui lòng gọi theo số Người khuyết tật: 833-342-7463 (TTY:711) hoặc trao đổi với người cung cấp dịch vụ của bạn."

AVISO DE DISPONIBILIDAD DE ASISTENCIA LINGÜÍSTICA, AYUDAS AUXILIARES Y SERVICIOS

English: ATTENTION: If you speak English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 833-342-7463 (TTY:711) or speak to your provider.

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Italian: ATTENZIONE: Se parli Italiano, sono disponibili servizi di assistenza linguistica gratuiti per te. Sono disponibili anche ausili e servizi appropriati per fornire informazioni in formati accessibili, anch'essi gratuiti. Chiama il 833-342-7463 (TTY:711) o parla con il tuo fornitore.

Korean: 주의: [한국어]를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한 형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. 833-342-7463 (TTY:711) 번으로 전화하거나 서비스 제공업체에 문의하십시오.

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Taglog: PPAALALA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyonang tulong sa wika. Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 833-342-7463 (TTY:711) o makipag-usap sa iyong provider."

Thai: หมายเหตุ: หากคุณใช้ภาษาไทย เรามีบริการความช่วยเหลือด้านภาษาฟรี นอกจากนี้ ยังมีเครื่องมือและบริการช่วยเหลือเพื่อให้ข้อมูลในรูปแบบที่เข้าถึงได้โดยไม่เสียค่าใช้จ่าย โปรดโทรติดต่อ 1-833-342-7463 (TTY: 711) หรือปรึกษาผู้ให้บริการของคุณ"

Vietnamese: LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ. Các hỗ trợ dịch vụ phù hợp để cung cấp thông tin theo các định dạng dễ tiếp cận cũng được cung cấp miễn phí. Vui lòng gọi theo số Người khuyết tật: 833-342-7463 (TTY:711) hoặc trao đổi với người cung cấp dịch vụ của bạn."